

SPOKANE INDIANS YOUTH BASEBALL & SOFTBALL™

Guidelines When Returning to Play for Spokane Indians Youth Baseball & Softball

Guidelines:

- Follow local and state guidelines at all times.
- Be smart: if you are sick, stay home. This applies to everyone: players, coaches, and parents. If you have been sick, stay home for 14 days after recovery.
- Screening: Coaches will greet all participants before practice/games and ask if they have been sick in the last 14 days or in direct contact with a person who is sick. Send home immediately if the answer is “yes.”
- Sanitize: Have hand sanitizer available and encourage hand washing before and after all activities.
- Group play: all activities must be limited to the max number allowed in the current phase.
- No high-fives, handshakes, or hugs: as much as we want to physically connect, this is not a safe practice for anybody right now.
- **Masks:** Coaches are required to wear a mask at all times. Spectators should wear a mask before, during, and after practice/games. Players should wear a mask when not actively practicing.
- Umpires will call the game from behind the pitcher
- Drop-off/pick-up: If possible, parents should remain in car for drop-off and pick-up. All spectators must remain 6 feet apart.
- Water bottles: To minimize accidental sharing of water, players must keep their water bottles in their own bag when not in use.
- Have fun, stay positive: everyone is looking to each other to stay calm, supportive, and compassionate during this time.
- Only three (3) players MAXIMUM in the dugout at one time, while also following 6’ social distancing guidelines at all times. Remaining players & coaches will be positioned down the left & right field lines (off playing field & outside of fence – if possible) away from throws that might come to 1st and 3rd base. Players will be seated or stand no less

than 6' apart and must have at least one (1) Coach or volunteer to watch over players in this area at all times.

- Players should limit any sharing of playing equipment, bats, gloves, fielder's mask, catcher's gear, helmets, etc when possible. Baseballs and Softballs should be cleaned whenever possible and an adequate supply should be on hand.
- Limit the number of fans to one (1) spectator per player attending games in the park. ONLY ONE FAN/PARENT PER PLAYER
- Fans attending games should follow 6' social distancing guidelines at all times.
- Managers & Coaches should help to educate players on the hygiene/handwashing/touching of the face suggested guidelines.
- Pregame conference will be limited to one (1) Coach per team and one (1) Umpire. Social distancing of 6' is required.
- The use of candy, chewing gum and/or sunflower seeds is not permitted by players, coaches, umpires or spectators.
- Batting lineup changes should be limited to communicating from a distance that maintains the 6' social distancing guidelines at all times. 20.
- Review these guidelines and any new procedures with all Team Managers prior to the first activity or game at the park.