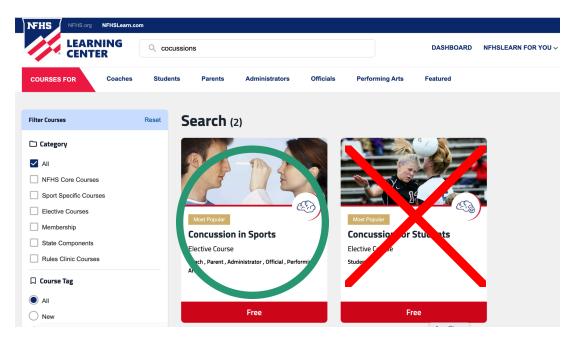
## **Concussion In Sports Training**

- NFHSLearn.com
- Create an account for NFHS (or sign in if you have a pre-existing account)
- On the Courses For tab, choose "Coaches"
- Scroll to find "Concussions in Sports", click on the red "Free" tab, and "Start learning" to begin.
- If you need to pause and resume your training, they can be found in your Dashboard
- Complete training and send training certificate with your name on it to <a href="mailto:info@siyb.org">info@siyb.org</a>



## **Sudden Cardiac Arrest Training**

- NFHSLearn.com
- Create an account for NFHS (or sign in if you have a pre-existing account)
- On the Courses For tab, choose "Coaches"
- Scroll to find "Sudden Cardiac Arrest", click on the red "free" tab and "Start learning" to begin.
- If you need to pause and resume your training, they can be found in your Dashboard
- Complete training and send training certificate with your name on it to <a href="mailto:info@siyb.org">info@siyb.org</a>

